

Suggestions de lectures sur le trouble obsessionnel-compulsif et troubles associés *Suggested readings on obsessive-compulsive disorder and related disorders*

Trouble obsessionnel-compulsif *Obsessive-compulsive disorder*



Baer, L. (1991). *Getting Control: Overcoming Your Obsessions and Compulsions*. Little Brown & Co.



Botbol, M. & De Paillette, I. (2005). *Réponses à vos questions sur les TOC de l'enfant et de l'adolescent*. Solar. 245 pages.



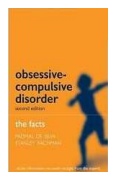
Bouvard, M. (2003). *Les troubles obsessionnels compulsifs*. Masson. 237 pages.



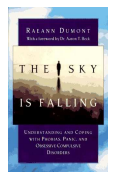
Chapelle, F. (2004). *Les TOC: Quand le Quotidien Tourne à l'Obsession*. Éditions Milan (Collection Les Essentiels). 63 pages.



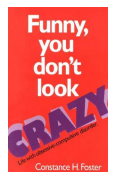
Cottraux, J. (2005). *Les Ennemis Intérieurs: Obsessions et Compulsions*. Odile Jacob - Poche.



De Silva, P. & Rachman, S. (2004). *Obsessive-Compulsive Disorder: The Facts*. Oxford University Press, UK. 160 pages.



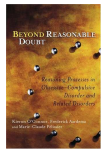
Dumont, R. (1996). *The Sky Is Falling: Understanding and Coping With Phobias, Panic, and Obsessive-Compulsive Disorders*. W.W. Norton & Co.-Trade. 316 pages.



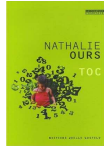
Foster, C. H. (1994). *Funny, You Don't Look Crazy: Life With Obsessive-Compulsive Disorder*. EbooksOnThe.Net.



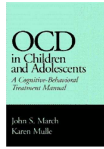
Gravitz, H. L. (1998). Obsessive Compulsive Disorder: New Help for the Family. Partners Publishers Group. 225 pages.



O'Connor, K., Aardema, F. & Pélissier, M.-C. (2005). Beyond Reasonable Doubt: Reasoning Processes in Obsessive-Compulsive and Related Disorders. Chichester, UK: Wiley & Sons. 304 pages.



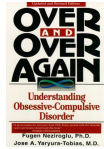
Ours, Nathalie (2006). TOC. Joelle Losfeld. 89 pages.



March, J. (1998). OCD in Children and Adolescents: A Cognitive-Behavioral Treatment Manual. Guilford Publications. 398 pages.



Neveu, R. (2006). Faire face aux TOC. Retz. 287 pages.



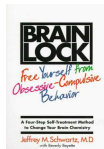
Neziroglu, F., Bublick, J. & Yaryura-Tobias, J. (1997). Over and Over Again: Understanding Obsessive-Compulsive Disorder, Revised Edition. John Wiley and Sons Canada. 240 pages.



Rapoport, J. (2001). Le Garçon qui n'Arrêtait Pas de se Laver. Odile Jacob - Poche.



Rapoport, J. (1991). Boy Who Couldn't Stop Washing: The Experience and Treatment of Obsessive-Compulsive Disorder. Signet MM. 304 pages.



Schwartz, J. & Beyette, B. (1997). Brain Lock: Free Yourself from Obsessive-Compulsive Behavior. Harpercollins Trade Sales Dept. 256 pages.



Sauternaud, A. (2002). Je ne peux pas m'arrêter de laver, vérifier, compter. Odile Jacob. 335 pages.



Steketee, G. (1999). *Overcoming Obsessive-Compulsive Disorder*. New Harbinger Publications. 72 pages.



Steketee, G. & White, K. (1998). *When Once is Not Enough: Help for Obsessive-Compulsives*. New Harbinger Publications. 229 pages.

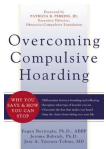


Timmermans, J.-M. (2005). *Comment vivre avec une personne atteinte de TOC*. J. Lyon. 255 pages.

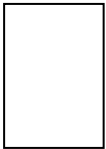


Vera, L. (2004). *Troubles obsessionnels compulsifs chez l'enfant et l'adolescent*. Dunod. 224 pages.

Accumulation compulsive *Compulsive hoarding*

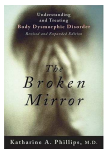


Neziroglu, F., Bubrick, J. & Yaryura-Tobias, J. (2004). *Overcoming Compulsive Hoarding: Why You Save & How You Can Stop*. New Harbinger. 146 pages.

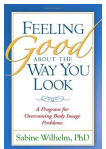


Tolin, D. F. (2006). *Buried in treasures: help for compulsive acquiring, saving and hoarding*. Oxford University Press. Disponible en décembre 2006. *Available in December 2006*.

Peur d'une dysmorphie corporelle *Body dysmorphic disorder*



Phillips, K. A. (2005). *The Broken Mirror: Understanding and Treating Body Dysmorphic Disorder*. Oxford University Press US. 432 pages.



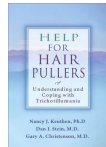
Wilhelm, S. (2006). *Feeling Good about the Way You Look : A Program for Overcoming Body Image Problems*. The Guilford Press. 212 pages.

Trichotillomanie

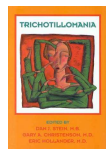
Trichotillomania



Penzel, F. (2003). *The Hair-Pulling Problem: A Complete Guide to Trichotillomania*. Oxford University Press US. 384 pages.



Keuthen, N. J., Stein, D.J. & Christenson, G. A. (2001). *Help for Hair Pullers: Understanding and Coping with Trichotillomania*. New Harbinger Publications. 184 pages.



Stein, D. J., Hollander, E. & Christenson, G. A. (1999). *Trichotillomania*. American Psychiatric Pub Group. 344 pages.